

CURRICULUM VITA

Margaret V. Austin, Ph.D.
P.O. Box 1925
Nevada City, CA 95959

cell: 530/388-8707
maustin@omsweb.com

Licensure

Licensed Psychologist: #15236 (CA),
a #1613 (CO-inactive)

Education

- 1985-1990** Ph.D. in Clinical Psychology, California School of Professional Psychology, Berkeley, California.
- 1987-1988** Psychology Intern. Sonoma County Mental Health, Santa Rosa, California.
- 1986-1987** Psychology Intern. Seneca Center for Children, Oakland, California.
- 1985-1986** Field Placement. San Francisco General Hospital – Substance Abuse, Methadone Maintenance Program, San Francisco, California.
- 1981-1983** M.S. in Psychology, Tennessee State University, Nashville, Tennessee.
- 1982** Field Placement for Master's Program. YWCA Shelter for Abused Women and their Children, Nashville, Tennessee.

Academic Experience

2008 - 2017 Part-time Instructor, Sierra College, Rocklin, California.

This position was originally designed to provide teaching services to community college students in a classroom setting. Classes taught are Introduction to Psychology, Social Processes, Marriage and Family, Statistics, Intimate Relationships, and Experimental Psychology. The Experimental Psychology course has also been taught in an online format.

2002 – 2008 Part-time Instructor, San Diego University for Integrative Studies, San Diego, California.

This position was designed to provide educational teaching services to graduate students in both an online and the classroom format. Courses taught: Behavioral Statistics, Assessment and Treatment of Child Abuse, Assessment and Treatment of Partner Abuse, and Psychotherapy with Children and Adolescents. The Behavioral Statistics course was designed to provide students with the essentials of descriptive and inferential procedures that may be applied to a psychological setting. Both the Child Abuse and Partner Abuse courses were designed to meet California licensing requirements.

1990 - 1993 Adjunct Assistant Professor. University of Denver, School of Professional Psychology, Denver, Colorado.

This position entailed supervising the clinical work of psychology graduate students during their internship with Denver Children's Home. One student was assigned for weekly individual supervision in addition to a monthly Assessment Seminar with all interns. Detailed performance reviews and periodic contact with the University internship liaison were required.

1992 Adjunct Assistant Professor. University of Denver, School of Professional Psychology, Denver, Colorado.

This appointment was for the purpose of teaching a graduate course titled Feminist Theory. This course was designed for psychology graduate students, the goal of which was to identify the psychological underpinning of Feminist theory and to trace the psychological constructs behind the role of women through the ages.

1989 - 1990 Educational Test Administrator. Federal Correctional Institute, Pleasanton, California. Tony Stello, supervisor.

Weekly administration, scoring and reporting of the Adult Basic Education tests utilized for job and classroom placement purposes throughout the prison system.

Professional Experience

2014 – Present Private Practice, Nevada City.

Private pay part-time clinical practice with focus on children and families, cognitive slippage, ADHD children and adults, women's issues, peak performance coaching, and sleep problems. Practice consists of both individual and family treatment for children and adults. Neurofeedback makes up roughly 50% of clinical services for issues including sleep problems, cognitive functioning concerns, and ADHD, as well as anxiety, depression, and bipolar conditions.

2012 – 2014 Neurofeedback Internship, Ivor Sowton, supervisor

The purpose of this position was to intern with an experienced neurofeedback provider to learn neurofeedback techniques to treat different conditions and obtain supervised hours needed to earn certification.

1993 – present Outer Montana Systems, Co-founder, CEO, and Director

OMS was originally founded with focus on the development of technology products for the mental health community. Developed both a Mental Health Practice Management System and a Treatment Plan Software program that included robust Outcome Tracking and Psychological Assessment Report Writing modules. Although the orientation of O.M.S. has gradually shifted away from the narrow focus on the mental health community, the use of technology as a tool to aid people in their daily lives has continued.

Medical Device and FDA Regulatory Compliance Consulting have become a strong focus of the company. Dr. Austin provides oversight to the daily management of the business venture, as well as conceptualizing and implementing new directions for the company, including writing contracts, negotiating mergers, and consulting with legal representatives.

1996 - 2000 Managed Care Program Chief, Nevada County Mental Health, Nevada City, CA. Diane Chenoweth, LCSW, Mental Health Director.

Developed, wrote and implemented the Medi-Cal Managed Care Plan for submission to California State Department of Mental Health and in accordance with HCFA guidelines. Served as Clinical Director, supervising the clinical work of over 30 staff, represented the department in both inter-agency and state wide projects, and wrote and managed Provider Contracts and Memorandums of Agreement. Taught Mental Health Managed Care for Medi-Cal beneficiaries in CA to staff, the county Board of Supervisors, contractors and the public.

1993 - 1995 Director of Behavioral Health, Indian Health Service, Fort Belknap Hospital. Jack Plumage, Service Unit Director.

Developed Policy and Procedure Manual, prepared the department for JCAHO survey, designed and implemented the Child and Adolescent Behavioral Health Program, provided outpatient treatment as well as crisis intervention to children, adults and families, served as Chair for Fort Belknap Child Protection Team, and coordinated efforts with the Regional I.H.S. office. Taught Attention Deficit Disorder diagnosis, treatment and behavioral interventions to various professional and community groups.

1990 - 1993 Treatment Leader, Denver Children's Home, Denver, Colorado. Jerry Yager, Psy.D., Clinical Director.

Supervising psychologist responsible for 2 residential dorms with 7 adolescents each, 1 boys and 1 girls dorm. Supervised a staff of 9 plus 2 psychology interns, developed treatment plans, conducted family therapy with the residents, and coordinated both educational and treatment services. Maintained departmental budget and sat on the Program Planning Committee.

Research Experience

2007 – 2012 Outer Montana Systems, Nevada City, California.

Conducted research on the role of the Internet in the lives of Homeschool Families. The study examined Internet use by parents and children, both for school-related and other uses. The goal was to develop an understanding of how people might successfully integrate technology into their everyday homeschooling lives without sacrificing important elements such as socialization, reading, physical activity, and time with nature.

2002 – 2004 Director of Research, San Diego University for Integrative Studies.

The focus of this position was to work with graduate psychology students who were in various phases of writing their dissertation or thesis project for completion of their degree. Responsibilities included consulting with students on topics, structure and design of their research, including the statistical analysis process as well as ensuring that all projects meet the required standards of academic performance.

1990 Dissertation. A Retrospective Study of Consumers' Perceptions Regarding the Effectiveness of a Children's Day Treatment Center. Unpublished Dissertation, California School of Professional Psychology, Berkeley, California.

1988 - 1989 Pacific Rim Research Resources, Emeryville, California. Research Assistant. Pat Davis, supervisor.

1979 - 1983 Student Research Assistant, Tennessee State University. Research Assistant for 3 epidemiological studies of mental health conducted by Dr. B. Husaini.

1983 Master's thesis. Correlates of the Use of Physical Punishment. Unpublished Master's Thesis, Tennessee State University, Nashville, Tennessee.

Publications

- 2015** MentalHelp.net, Columbus, Ohio. Website Article: updated 2007 ADHD e-book.
- 2008** California HomeSchooler, Corona, California. Volume 16, Number 3: Homeschooling the Special Needs Child: Working with ADHD.
- 2007** MentalHelp.net, Columbus, Ohio. Website E-book: ADHD.
- California HomeSchooler, Corona, California. Volume 15, Number 5: Volunteering. Article: Charitable Giving for Kids.
- California HomeSchooler, Corona, California. Volume 15, Number 4: Arts and Crafts. Article: Communicating Art through the Internet.
- 2006** One Step UpLoad. FTP site management software for use by both novice and seasoned webmasters. Robust program contains 6 unique features useful in managing a web site. Outer Montana Systems, Meadow Vista, CA.
- 2003** Dissertation-Thesis Manual, San Diego University for Integrative Studies.
- 2001** Korn, Danna: Kids with Celiac Disease, A Family Guide to Raising Happy, Healthy, Gluten-Free Children, Woodbine House, Inc., Bethesda, Maryland. Chapter 24: Your Family's Emotional Well-Being.
- 2001** The Journal of NAMI California, Sacramento, California. Article: Making the Most of Ourselves.
- 1998** Cultural Competency Plan, Nevada County, CA. Policy and Procedure Manual for addressing the mental health needs of various cultural groups within Nevada County Mental Health Department.
- 1997** Quality Assurance Plan, Nevada County, CA. Action plan for measuring performance in various key elements of the Mental Health Department.
- 1997** Easy Treat. Treatment planning software package for psychologists that used decision tree model for identifying diagnosis and associated treatment modalities. Outer Montana Systems, Nevada City, CA.
- 1994** Touched by Magic. Office management software program for mental health professionals in private practice and group practice settings. Program included billing, electronic commerce, record keeping and patient progress tracking modules. Outer Montana Systems, Chinook, MT.

- 1994** Coordinating Medical Care and Psychological Treatment for ADHD Children on Reservations. Comprehensive Manual published within Indian Health Service.
- 1991** Options, Denver Children's Home. Volume 8, Number 2: Ethnicity and Psychotherapy.

Presentations

- October 2017** Sierra College – Peak Performance in College
- November 2015** Ghidotti Early College High School – Managing Stress and Academic Demands
- September 2014** Ghidotti Early College High School – How to Make the Most of Your Study Time – 5 presentations to AVID classes
- September 2003** Eighth International Conference on Family Violence, San Diego, CA. Presentation titled: Community Violence Prevention Across the Ages.
- September 2003** Key Advantages of Adults and Children Together (ACT) Against Violence presented to San Diego Psychological Association Committee Chairs.
- May/June 2003** Adults and Children Together (ACT) Against Violence. A series of 7 sessions presenting parenting information on various topics related to raising violence-free children to court ordered parent group. San Diego, CA.
- May 2003** Series of 3 2-hour Safe From Harm Training Sessions for Salvation Army volunteer group. San Diego, CA.
- September 2002** Seventh International Conference on Family Violence, San Diego, CA. Presentation titled: Adults and Children ACT Against Violence.
- 1997/2000** Nine presentations to various Nevada County community and professional organizations, Nevada City, California. Presentation: Medi-Cal Mental Health Managed Care in California. Topics included Managed Care regulations and guidelines, short-term treatment skills and required record-keeping techniques.
- 1997/2000** Four presentations to Nevada County Mental Health and Human Services Agency staff, Nevada City, California. Presentation: Automated Records in Mental Health and the Social Services.
- November 1999** Presentation of Nevada County Medi-Cal Mental Health Managed Care program to CA State Dept. of Mental Health Review Team, Nevada City.
- September 1999** Presentation of Nevada County Medi-Cal Mental Health Managed Care program to Nevada County Board of Supervisors Nevada City.
- November 1998** Presentation of Nevada County Medi-Cal Mental Health Managed Care program to CA State Dept. of Mental Health Review Team, Nevada City.

- September 1998** Presentation of Nevada County Medi-Cal Mental Health Managed Care program to Nevada County Board of Supervisors Nevada City.
- October 1997** California Mental Health Director's Association, Nevada City, CA. Technical training regarding newly implemented Windows Patient Records Management software system.
- June 1997** California Mental Health Director's Association, Sacramento, California. Presentation: Automated Records in Mental Health.
- 1993/1994** Five presentations to local Montana Schools serving Native American Children. Fort Belknap Indian Reservation, Montana. Presentation: Managing ADHD Children in the Classroom.
- April 14, 1994** Indian Health Services Area-Wide Psychologists Meeting, Billings, Montana. Presentation: Treating ADHD Children in a Reservation Setting.
- March 22, 1994** Indian Health Services Annual Area-Wide Physicians Meeting, Bozeman, Montana. Presentation: Coordinating Medical Care and Psychological Treatment for ADHD Children on Reservations.
- October 1993** Several presentations to local Montana High Schools serving Native American Children. Fort Belknap Indian Reservation, Montana. Presentation: Behavioral Techniques with Adolescents in the Classroom.
- September 1993** Presentations to local Montana Elementary and Middle Schools serving Native American Children. Fort Belknap Indian Reservation, Montana. Presentation: Behavioral Techniques with Children in the Classroom.
- 1991 - 1992** Three presentations to groups of new staff at Denver Children's Home, Denver, Colorado. Presentation: Cultural Competency and working with Children.